



# Philippine Nurses Association of Metro Houston

## One PNAMH, One FAMILY

**F** – FORWARD THINKING  
**A** – AGILE  
**M** – MEANINGFUL  
**I** – INNOVATIVE  
**L** – LEARNING  
**Y** – YOUTHFUL

Please scan QR Code and complete our online  
PNAMH General Membership & Education Activity Attendance  
August 15, 2024





# Philippine Nurses Association of Metro Houston

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**August 15, 2024 – VA Medical Center**

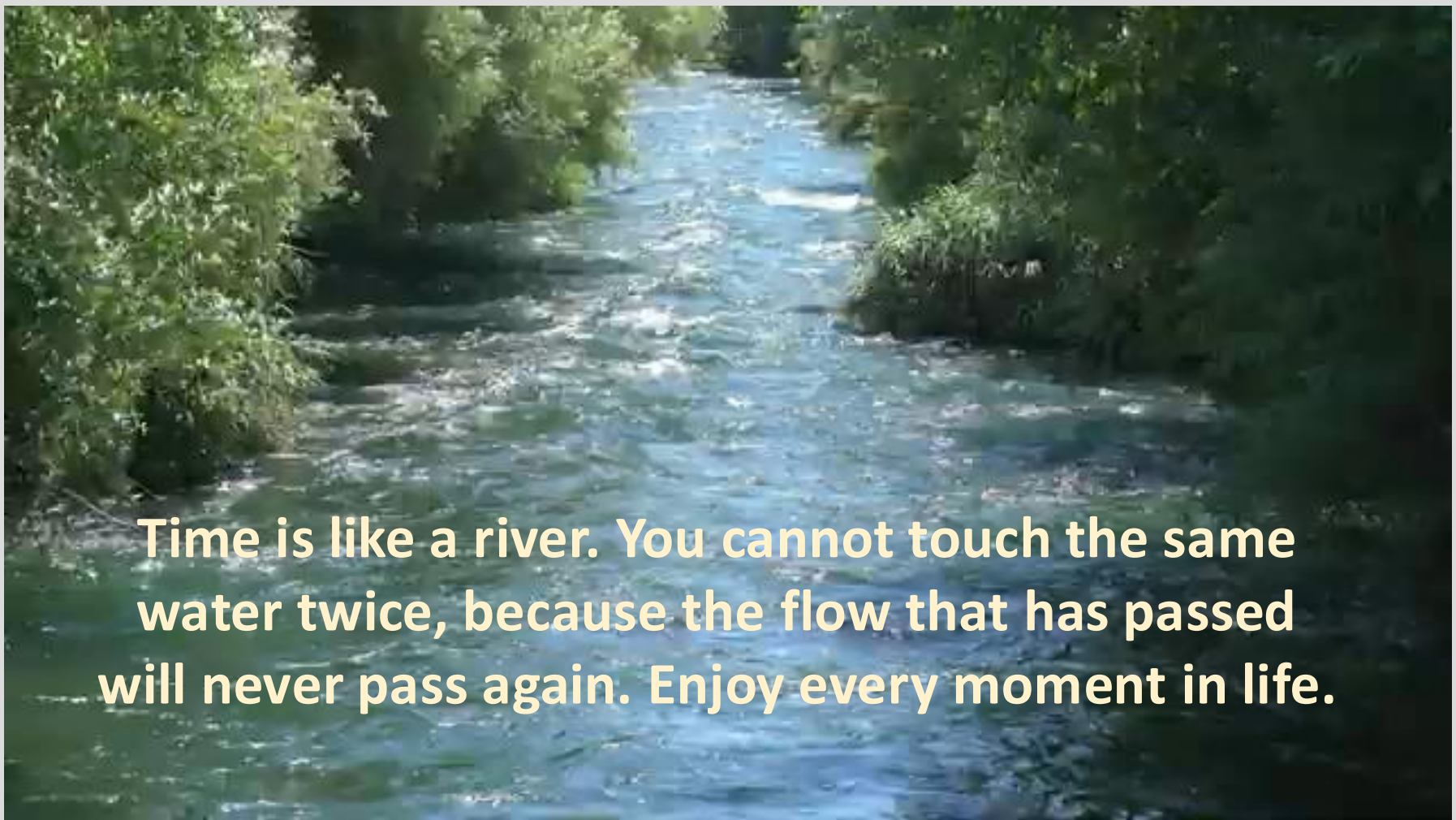
Time	Agenda
5:00	Call to Order
5:01-5:03	Reflection
5:03-5:04	Approval of the Previous Minutes
5:04-5:05	Agenda Approval
5:05-5:30	PNAMH Pillars / Updates
5:30-5:40	Old & New Business
5:40-5:43	PNAMH Foundation Update
5:43-5:45	FCNA Update
5:45	Adjournment
5:45-7:00 PM	Education Activity



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Time is like a river. You cannot touch the same water twice, because the flow that has passed will never pass again. Enjoy every moment in life.

P N A M H

O N E P N A M H

O N E F A M I L Y



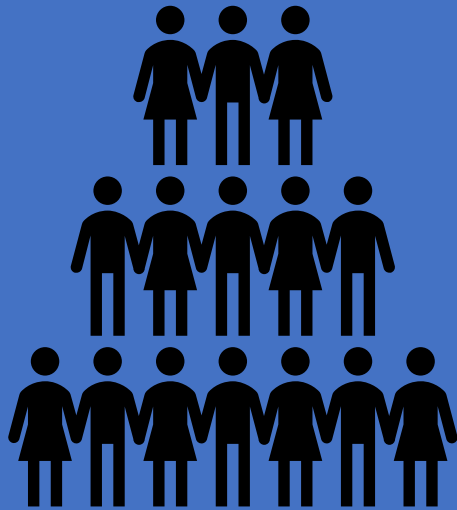


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### Members



### Service Community



### Finance & Growth



### Quality & Research





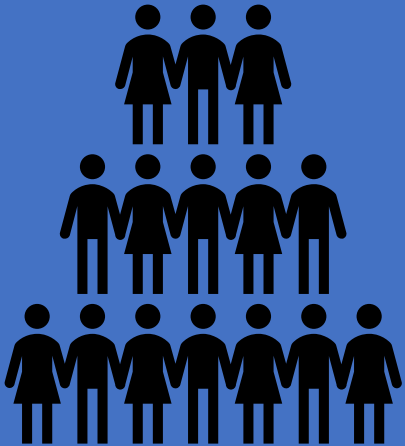
# Philippine Nurses Association of Metro Houston

## One PNAMH, One FAMILY

# Birthday Celebrations

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## Members



First name	Last name	Birthday
Irene	Javier	2-Aug
Czerhine	Monceller	2-Aug
Pamela	Windle	3-Aug
Joy	Singson	6-Aug
Mary Ann	Esquela	9-Aug
Jimmy	Nguyen	12-Aug
Gloria	Borbon	16-Aug
Julianita	Reyes	20-Aug
Jean	Uy	23-Aug
Junel	Isagan Jr	25-Aug
Maria	Mayoral	30-Aug
Mary Jane	Concepcion	30-Aug

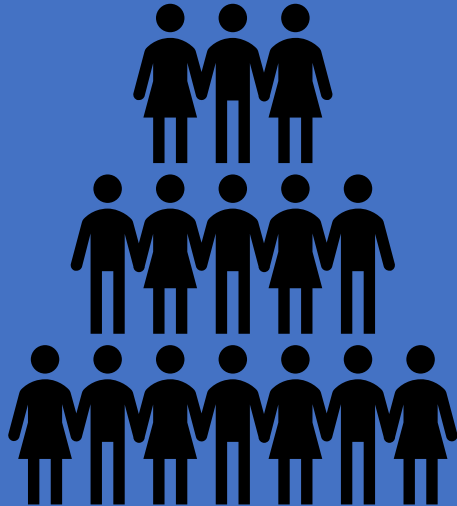


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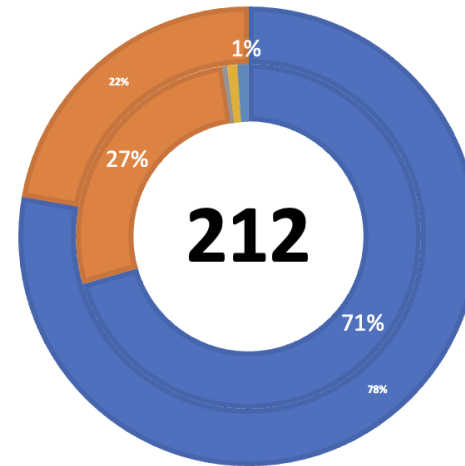
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### PNAMH MEMBERSHIP DASHBOARD

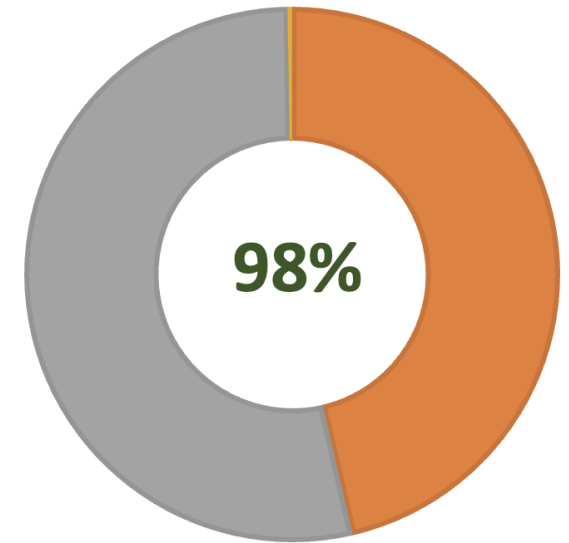
■ Active Member (1 year) ■ Active Member (2 Years)  
■ Active Member (Lifetime) ■ Associate Member (2 Years)  
■ Student



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■ Membership vs Goal ■ Members 2024 ■ Goal ■ Percentage



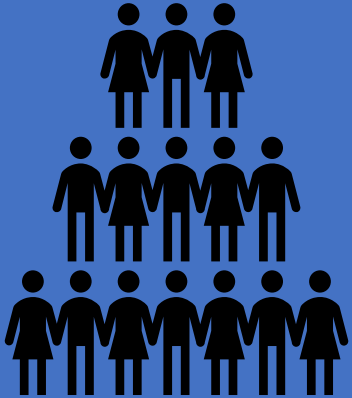


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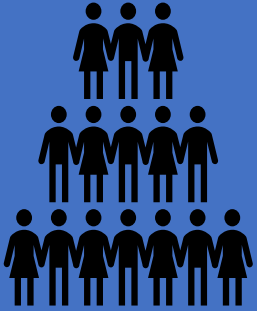


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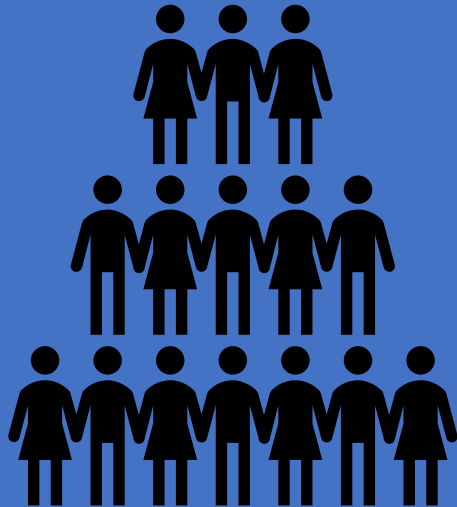


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Philippine Nurses Association of  
Metropolitan Houston

**General Membership Meeting**  
**August 15, 2024**  
**5:15 PM – 6:00 PM**

**Healthcare Economics**  
**The Value for Nurses and  
Healthcare Professionals**

**Reyman Herrera, BSN, RN, Wendell Dancell III, Trauma ICU RN  
& Loraine Go, APRN**  
**August 15, 2024**  
**6:00 PM – 7:00 PM**

The Philippine Nurses Association of America  
Foundation is approved by California Board of  
Registered Nursing CEP #14134 for 1.2 contact hours

Scan me to  
Register

Contact Us for more details:  
PNAMH Education Team  
Jonathan Gecomo – 832.283.0753  
Grace Woodmansee – 832.859.8773  
Rizza Isagan – 832.814.8824  
Mae Nerida Idul – 856.366.0907  
Lea Geronimo – 281.844.4198

Michael E. Debaakey VA Medical Center  
**Building 108-A**  
2002 Holcombe Blvd  
Houston, TX 77030

July – Sabbatical  
**August 15** – GMM & EA  
Reyman Herrera– Presenter  
**September 19** – GMM & EA  
Maria Lea Mayoral – Presenter

**October 19**  
Fall Conference –  
Houston Methodist

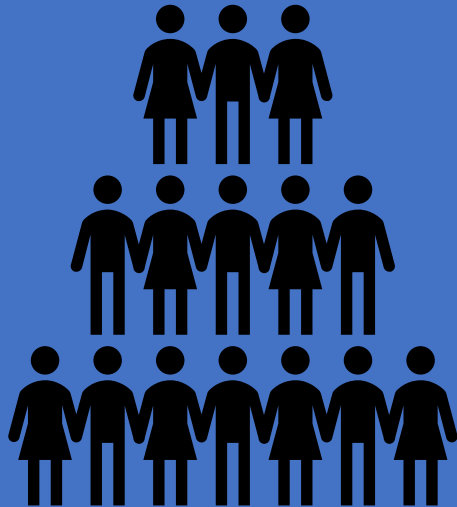


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### Members



Philippine Nurses Association of Metro Houston & Filipino Cancer Network of America

## Lunch *for a Cause*

August 24, 2024

12:00 noon

Filipiniana Restaurant

9671 Bissonnet St, Houston, TX 77036

Donation: \$25 via Zelle



*Enjoy a delicious buffet lunch, mingle with friends and learn more about the good work of Cherry Sloan-Medrano, PNAMH Past-President and FCNA President*

Questions? Contact Danny Lindog 832-248-9410, Ann Tongol 832-454-3702 or Luz Reyes 713-269-9380

Please register at: <https://forms.gle/5I2s95unAR9gGIqt7>



## PNAMH Executive Board Meeting – Aug 24. 2024

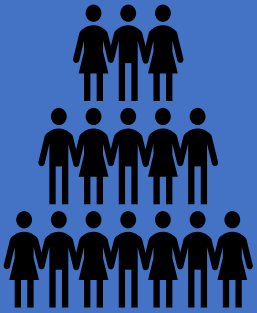


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PHILIPPINE NURSES ASSOCIATION OF METROPOLITAN HOUSTON

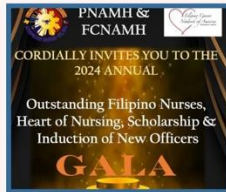


## METRO PULSE



JUNE 2024 EDITION

WWW.PNAMH.NET



### PNAMH GALA - CELEBRATING EXCELLENCE IN NURSING

Greetings PNAMH Members and Supporters!  
We are delighted to bring you the highlights from the prestigious PNAMH Gala held on May 11, 2024, an evening dedicated to honoring excellence and achievement in nursing. The event, which took place at the Westin Oaks, Houston, was a resounding success. It was filled with camaraderie, celebration, and recognition of outstanding contributions to the nursing profession.

### INDUCTION OF NEW PNAMH OFFICERS

The gala commenced with the official induction of the new PNAMH officers, who have taken up the mantle to lead and serve our organization with dedication and commitment. Their leadership promises a bright future for PNAMH, advocating for Filipino nurses and advancing our collective goals.



### AWARDS AND RECOGNITION



#### HEART OF NURSING AWARD

The Heart of Nursing Award was presented to individuals who embody the spirit and essence of nursing—compassion, empathy, and dedication to patient care. Their selfless acts of kindness and empathy touch lives and make a lasting difference in the communities they serve.

#### AWARDING OF OUTSTANDING FILIPINO NURSES

A pivotal moment of the evening was the recognition of the Outstanding Filipino Nurses. These exceptional individuals exemplify the highest standards of nursing practice, demonstrating unwavering compassion, expertise, and leadership in their respective fields. Their stories inspire us all and remind us of the profound impact nurses make in healthcare and beyond.



#### SCHOLARSHIP AWARDS

FCNAMH also had the privilege of awarding scholarships to deserving nursing students, investing in the future of our profession. These scholarships support aspiring nurses in their educational journey, empowering them to become future leaders and innovators in healthcare.

PHILIPPINE NURSES ASSOCIATION OF METROPOLITAN HOUSTON



## METRO PULSE



JUNE 2024 EDITION

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### KALAYAAN EVENT

The Kalayaan event was a vibrant celebration of freedom and community, and PNAMH (Philippine Nurses Association of Metro Houston) was proud to be a part of it. Our participation this year was marked by several key activities that showcased our commitment to health, education, and community service.

One of the primary roles PNAMH played during the Kalayaan event was as the first aid responder. Our team of skilled nurses was on hand to provide immediate medical assistance, ensuring the safety and well-being of all attendees. Their quick response and professional care were invaluable, making sure that everyone could enjoy the festivities with peace of mind.

PNAMH also conducted health education sessions, sharing valuable information on a range of health topics. Additionally, we offered free blood pressure screenings, helping attendees monitor their health and become more aware of their cardiovascular status.

The Kalayaan event was also an excellent opportunity for PNAMH to recruit new members. Our booth was bustling with activity as interested individuals stopped by to learn more about our mission and how they could get involved. The enthusiasm and dedication of our members were evident, and their smiling faces reflected the joy of working together for a common cause.

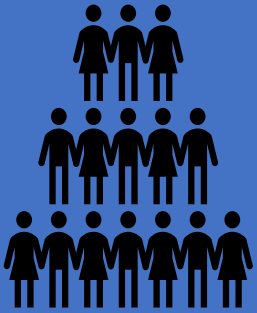


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PHILIPPINE NURSES ASSOCIATION OF METROPOLITAN HOUSTON

## METRO PULSE

JULY 2024 EDITION [WWW.PNAMH.NET](http://WWW.PNAMH.NET)

**NEW UPDATE**  
**Alief Community HEALTH FAIR**

**HOUSTON ROYAL OAKS DISTRICT 28-2 HOUSING LEO CLUB LEADING FOR LIFE**

### ALIEF COMMUNITY HEALTH FAIR

Joyous faces can be seen among the PNAMH members who participated in the Alief Community Health Fair, which took place on July 27th, 2024 at the Alief ISD Center. This event was an educational and fun-filled celebration of health and well-being, bringing together hundreds of community members for a day of valuable health resources!

Attendees had access to a wide range of free health screenings and educational services, including blood pressure checks, immunizations, learning about Stroke and more. Our dedicated healthcare professionals were on hand to provide personalized advice and support.

PHILIPPINE NURSES ASSOCIATION OF METROPOLITAN HOUSTON

## METRO PULSE

JULY 2024 EDITION [WWW.PNAMH.NET](http://WWW.PNAMH.NET)

**WHAT'S NEW?**  
**PNAMH ONE PNAMH ONE FAMILY**

### PNAMH 1ST HYBRID GENERAL MEMBERSHIP MEETING

We are thrilled to share that on June 20th, the PNAMH held its first hybrid meeting, marking a significant milestone in how we connect and collaborate! This new format allows members to join our monthly meetings and educational offerings from anywhere via Zoom.

This hybrid model ensures that even if you can't attend physically, you can still participate fully in our discussions and activities.

**✓ Mark your Calendars!**

- August 15 - General Membership Meeting
- August 17- Annual Cancer Symposium
- September 19 - General Membership Meeting
- October 17 - General Membership Meeting
- October 19 - Fall Seminar
- October 26 - Picnic
- November 21 - General Membership Meeting

**General Membership Meeting**  
**August 15, 2024**  
**5:15 PM - 6:00 PM**

**Financial Literacy**  
**The Value for Nurses and Healthcare Professionals**

**Reymann Herrera, BSN, RN, Wendell Dancell II, Treamee KCJ RN & Loraine Go, APRN**  
**August 15, 2024**  
**6:00 PM - 7:00 PM**

The Philippine Nurses Association of America Foundation is approved by California Board of Registered Nursing CBR #14334-100 - 2 compliance

Scan the QR code to Register

Contact Us for more details:  
PNAMH Education Team

Michael E. DeBakery VA Medical Center  
Building 103-A  
1602 Polkcomb Blvd  
Houston, TX 77030

Grace Woodhouse - 832.555.5773  
Rosa Inogen - 832.854.8824  
Marie Neriola - 832.566.0907  
Lee Garonimo - 281.844.4198

### JOIN US IN THE NEXT MEETING!

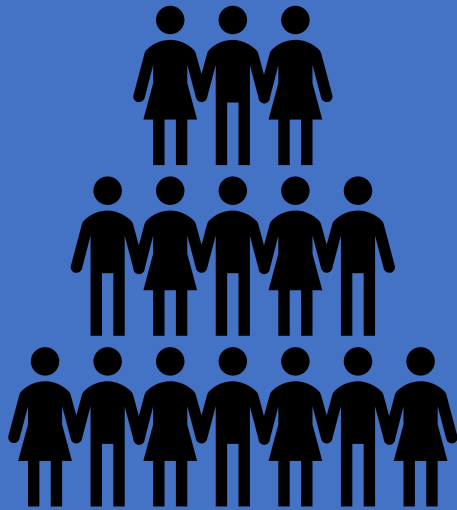


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### Members



### Service Community



### Finance & Growth



### Quality & Research





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### Service Community



Date	Event	Total Volunteers	Hours	Total Volunteer Hours	People Served
4-Aug-24	Fiesta Ko sa Texas	18	8	144	4500
28-Jul-24	Alief Health Fair	16	4	64	3000
29-Jun-24	Project Cure	9	4	36	2000
15-Jun-24	Kalyaan 2024	17	8	136	5600
8-Jun-24	PCCI Community Education	5	4	20	25
Community Impact		65	28	400	15,125



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Service  
Community





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Community



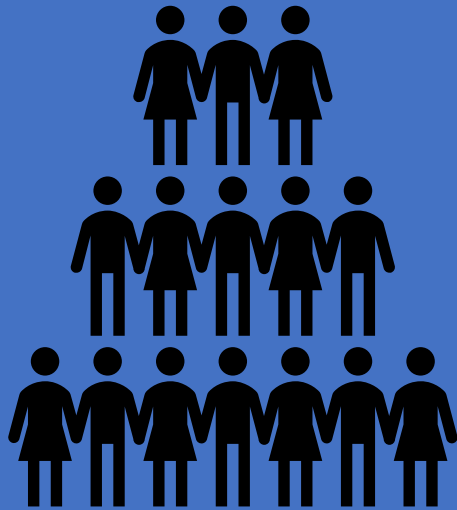


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Finance & Growth


Website:

[www.pnamh.net](http://www.pnamh.net)



Philippine Nurses Association of  
Metropolitan Houston, est.1980

HOMEABOUTMEMBERSHIPMEETINGS & EVENTSNEWSLETTERCONTACT



## Philippine Nurses Association of Metro Houston

NAVIGATING CHANGE, EMBRACING GROWTH, TOGETHER TOWARDS A BRIGHTER FUTURE


### ABOUT PNAMH

Empowering Filipino-American Nurses in Houston

[Learn More](#)

At the Philippine Nurses Association of Metro Houston (PNAMH), we unite as nurses under the umbrella of the national organization, the Philippine Nurses Association of America. Our mission encompasses:

- ✔ **Unity and Community:** Fostering unity among Filipino-American nurses in Metropolitan Houston and addressing nursing practice challenges.
- ✔ **Education and Collaboration:** Networking with professional organizations, creating educational programs for nursing practice, education, and research.
- ✔ **Community Engagement:** Taking pride in community involvement for health promotion and disease prevention.





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## Finance & Growth



**ONS**™ | **HOUSTON CHAPTER**  
Oncology Nursing Society

*The HOUSTON CHAPTER of the ONCOLOGY NURSING SOCIETY*  
*Welcomes all Healthcare Providers and Healthcare Students*

**ANNUAL VENDOR EDUCATIONAL EVENT**  
**Wednesday September 11, 2024**  
**5-7:30 PM**

  **REGENERON**  **AstraZeneca**  
SCIENCE TO MEDICINE™ GlaxoSmithKline

**harmacyclics** **SANOFI**   **PHARMACOSMOS THERAPEUTICS**

**janssen**


**\*Educational Breakout Sessions\***

- 5:30 pm Sanofi
- 6:05 pm AstraZeneca
- 6:40 pm TBD

**Complimentary Food and Beverages ☺ FREE PARKING**  
**III by Wolfgang Puck 6550 Bertner Ave 5-730pm**  
**Visit our Vendors and Learn the Latest RAFFLE/Prizes**

Pre-Register Here: 

\*Registration recommended but not required\*



**PNAMH Fall Seminar**  
October 19, 2024  
7:30 am – 2:30 PM  
Houston Methodist Hospital  
6565 Fannin Street, Houston TX 77030

Company Name

Address

Representative Name

Contact #:

Email Address:

Product to be exhibited:

☐ Company Sponsor (\$250) - Table Display, Rolling AD, Sponsor Certificate  
Each exhibit space will be provided with a 3" x 6" draped table. The exhibitor assumes the entire responsibility and liability for losses, damages, and claims arising out of the exhibitor's activities and will indemnify, defend, and hold harmless from any such losses, damages and claims. The PNAMH is not responsible for security, damage or losses to products exhibited.

☐ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Return this completed form with check payment to:  
Elizabeth Florendo  
Treasurer - PNAMH  
2321 OLIVE FOREST LN  
MANVEL, TX 77578-1585

Or send payment via Zelle: [mypnamh@gmail.com](mailto:mypnamh@gmail.com)

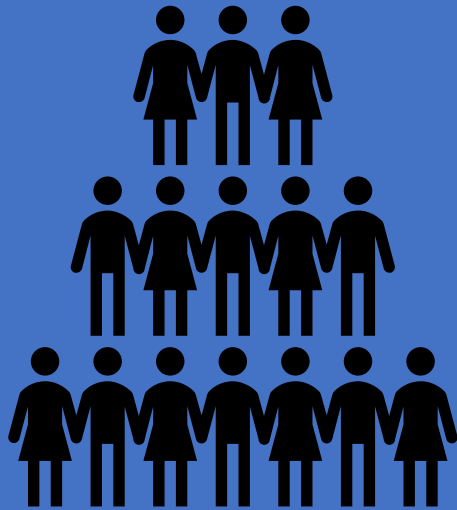


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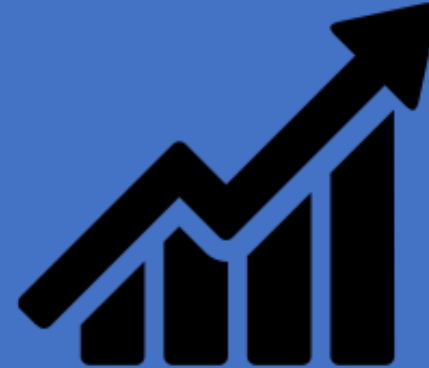
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### Service Community



### Finance & Growth



### Quality & Research





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### Quality & Research



*Congratulations*

PNAA RESEARCH GRANT  
RECIPIENT



**SOHRAB ALEXANDER SARDUAL, MBA, RN, NE-BC**

*Parental Experiences with Financial Toxicity in the Pediatric  
Intensive Care Unit*

**PHILIPPINE NURSES  
ASSOCIATION OF AMERICA  
NATIONAL CONVENTION**  
JULY 17-21, 2024

**WE CARE:**  
A Spotlight on Our Collaborative Journey to Excellence

HOSTED BY  
**PNA Southern California**



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Quality & Research





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### Quality & Research



**Google Forms**  
**Registration**  
**Forms Approval**  
**Automated Certificates**



**Hybrid Meetings &**  
**Education**

P N A M H

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O N E F A M I L Y





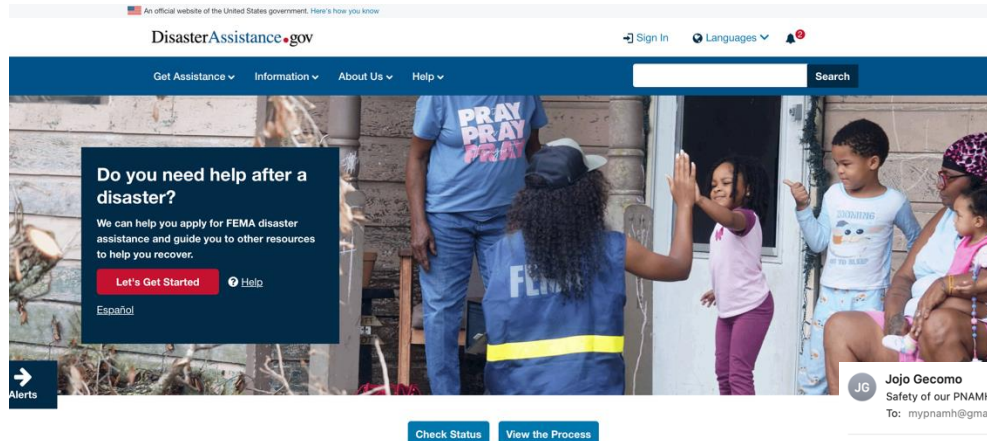
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<https://www.disasterassistance.gov>

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Old/New  
Business



### Local Resources

**Jojo Gecomo**  
Safety of our PNAMH Family after Hurricane Beryl  
To: mypnamh@gmail.com

Inbox - mypnamh@gmail.com July 9, 2024 at 9:00 AM

To our PNAMH Family!

I hope this message finds you and your loved ones safe. The recent hurricane has been a challenging time for us all, and our thoughts are with everyone affected by this natural disaster.

We understand that many of you are dealing with significant impacts on your personal and professional lives. As a community, it is crucial that we come together to support one another during this recovery period.

If you are in need of assistance or resources, please do not hesitate to reach out. Our organization is here to provide support, whether it be through connecting you with local aid services, offering emotional support, or assisting in any other way we can.

:

Here are some local resources to utilize:

Shelter & Safety

- [Red Cross](#) - find an open shelter
- [Red Cross Safe & Well](#) - to register yourself as "Safe and Well" or search for loved ones online

Returning Home

- [Drivetexas.org](#) - flooded roads and conditions. Remember: Turn Around Don't Drown!
- [TCEQ](#) - information for public water systems, household debris management, safe drinking water
- [Texas Department of Housing and Community Affairs](#) - disaster relief resources
- [Texas Department of Insurance](#) - help after the storm
- [Office of Public Insurance Counsel](#) - about residential property insurance claims
- [TDLR](#) - recovery resources for licensees
- [Long-Term Disaster Recovery Toolkit for Individuals with Disabilities](#)
- [Ready.gov](#) - returning home after a hurricane

Jonathan Gecomo, DNP, RN, NI-BC  
President 2024-2026  
Philippine Nurses Association of Metro Houston  
Board Member  
Philippine Nurses Association of America Foundation 2021-2023  
Philippine Humanitarian Coalition  
Board Member and Website Chair  
Philippine Nurses Association of America 2016-2020



# Philippine Nurses Association of Metro Houston

## One PNAMH, One FAMILY

<https://www.texasnurses.org/page/Resources>

**F** – FORWARD THINKING  
**A** – AGILE  
**M** – MEANINGFUL  
**I** – INNOVATIVE  
**L** – LEARNING  
**Y** – YOUTHFUL

[Association](#) | [Foundation](#) | [TPAPN](#)

[Sign In](#) | [Register](#) | [Q](#)



[MEMBER ZONE](#) ▾ [JOIN US!](#) [PROF. DEVELOPMENT](#) ▾ [POLICY](#) ▾ [RESOURCES](#) ▾ [TPAPN](#) [ABOUT](#) ▾ [STORE](#)

Old/New  
Business



Welcome to the  
**Texas Nurses Association**  
*Empowering Texas Nurses to advance the profession*



### Texas Peer Assistance

The Texas Peer Assistance Program for Nurses provides recovery help and promotes professional accountability for nurses.

[GET HELP](#)



### Celebrating Nurses

Help us thank the nurses that advance the profession, improve health and wellness, and support their communities.

[LEARN MORE](#)



### Career Center

Find the next step in your career from hundreds of job listings — free to members and non-members — with positions across Texas.

[START SEARCH](#)



### Get CNE

TNA's growing catalogue of professional development modules keeps you up to date on the latest in nursing continuing education in Texas.

[LEARN MORE](#)



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# PNAA Bulletin



# Philippine Nurses Association of Metro Houston

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**St Ignatius of Loyola Catholic Church**  
Hosted by Missionary Families of Christ

**CHRISTIAN LIFE SEMINAR**

Sept. 7, 2024  
8:30AM to 4:30PM  
McGiveney Hall  
7810 Cypresswood Dr,  
Spring, TX 77379

Registration is free and meals will be provided.  
For questions and inquiries, please contact Rey Macusi at (281) 475-7151 or Lani Macusi at (346) 225-9680

Register Here

**Houston Royal Oaks Lions Club**  
**Houston Royal Oaks Foundation**  
*Credibility inspires you*

**12<sup>th</sup> Annual Gala, Awards Night & Masquerade Ball**  
**FUNDRAISER**  
**UNMASK THE LION IN YOU**  
**SAT OCT 12, 2024**  
(RSVP by 09/30/24)

**\$85 per person**  
Registration 6:30 PM  
Door Opens 7:00 PM  
Attire: Formal  
(masks strongly encouraged)

Hilton Houston Westchase  
9999 Westheimer  
Houston, TX 77042

An Evening of Inspiration \* Fine Dining \* Entertainment \* Dancing  
Silent Auction \* Drawings \* Photo Booth  
Prizes will be awarded to the  
**Best Dressed Man & Woman of the Evening**  
*Music by DJ John Chen*

To RSVP, purchase tickets, sponsorships, or for more info:  
Email [houstonroyaloakslions@gmail.com](mailto:houstonroyaloakslions@gmail.com)  
Call/Text (281)788-7654 or (832)709-5933

**Our global causes:**  
Benefitting the following charities:  
Texas Lions Camp, Lions Clubs International Foundation, Youth Scholarships, The Lighthouse of Houston, Lions Eye Bank of Texas, Leader Dogs for the Blind

**HOUSTON ROYAL OAKS LIONS CLUB**  
**12<sup>th</sup> ANNUAL GALA & MASQUERADE BALL**  
Ad Form/Tickets/Auction Donation Form

Name \_\_\_\_\_  
Company \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, ZIP \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Name of Solicitor \_\_\_\_\_

☐ **GALA TICKETS @ \$85 per person/\$45 (kids 12 & under)**  
Ticket #s \_\_\_\_\_ \$ \_\_\_\_\_  
Meal Preference: ☐ Chicken ☐ Beef ☐ Fish ☐ Vegetarian  
☐ Halal  
(Please use the back of this page for the names of your guests & their meal preference.)

☐ **AD SPONSORSHIPS**  
All major sponsors (\*) will receive a plaque of appreciation, full page ad, and complimentary gala tickets.

**DEADLINE FOR SUBMISSION OF ADS: SEPTEMBER 5, 2024**  
PLEASE WRITE SPECIFICATION FOR PRINTED ADVERTISEMENT ON THE BACK OF THIS FORM. ELECTRONIC SUBMISSION OF ADS SHOULD BE IN **JPG** FORMATS ONLY. WE CANNOT BE HELD RESPONSIBLE FOR SUBSTANDARD RESULTS DUE TO POOR QUALITY OF ARTWORK OR INACCURATE INFORMATION.  
EMAIL YOUR ADS TO  
**HOUSTONROYALOAKSLIONS@GMAIL.COM**

☐ Diamond Sponsor (10 tickets) \* \$ 5,000.00  
☐ Platinum Sponsor (8 tickets) \* \$ 4,000.00  
☐ Gold Sponsor (6 tickets) \* \$ 3,000.00  
☐ Silver Sponsor (4 tickets) \* \$ 2,000.00  
☐ Bronze Sponsor (2 tickets) \* \$ 1,000.00  
☐ Full Page \$ 100.00  
☐ One-Half Page \$ 60.00

☐ **DRAWING TICKETS @ \$5/ticket or 3 tickets for \$10 or one booklet of 10 for \$30**  
Ticket #s \_\_\_\_\_ \$ \_\_\_\_\_

☐ **AUCTION ITEM** (Please give a brief description & approximate retail price)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
☐ Sorry, I am unable to attend but I would like to make the enclosed contribution \$ \_\_\_\_\_

**TOTAL AMOUNT \$ \_\_\_\_\_**

☐ Cash ☐ Check # \_\_\_\_\_ ☐ Zelle  
Please make checks payable to:  
**Houston Royal Oaks Foundation**  
MEMO: 12<sup>th</sup> Annual Gala  
13638 La Concha Ln  
Houston, TX 77083  
For Zelle: [houstonroyaloakslions@gmail.com](mailto:houstonroyaloakslions@gmail.com)

*Your generous support is greatly appreciated!*



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Old/New  
Business



Gala  
September 1, 2024

*Honoring Community Champions*

**Date:** September 14, 2024  
**Time:** 6:00 PM  
**Venue:** PCCI Community Center  
9101 West Belfort Boulevard  
Houston, Texas  
**Donation:**  
\$75 dinner/dance  
\$25 Children 8-12 years old  
Free: 7 years old and under  
**Attire:** Semi-Formal  
**Contact Information:**  
Cleo Robinett  
(713) 825-3978  
Arlita C. Pang  
(713) 248-0355



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