

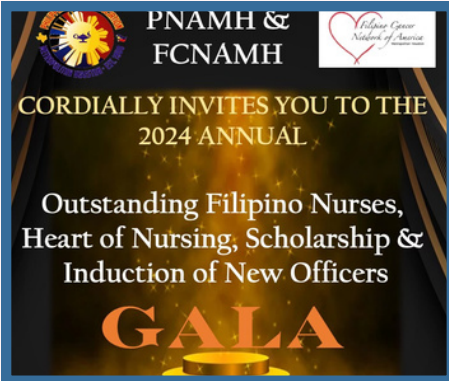


# METRO PULSE



JULY 2024 EDITION

WWW.PNAMH.NET



## PNAMH GALA - CELEBRATING EXCELLENCE IN NURSING

Greetings PNAMH Members and Supporters!

We are delighted to bring you the highlights from the prestigious PNAMH Gala held on May 11, 2024, an evening dedicated to honoring excellence and achievement in nursing. The event, which took place at the Westin Oaks, Houston, was a resounding success. It was filled with camaraderie, celebration, and recognition of outstanding contributions to the nursing profession.

## INDUCTION OF NEW PNAMH OFFICERS

The gala commenced with the official induction of the new PNAMH officers, who have taken up the mantle to lead and serve our organization with dedication and commitment. Their leadership promises a bright future for PNAMH, advocating for Filipino nurses and advancing our collective goals.



## AWARDS AND RECOGNITION



### HEART OF NURSING AWARD

The Heart of Nursing Award was presented to individuals who embody the spirit and essence of nursing—compassion, empathy, and dedication to patient care. Their selfless acts of kindness and empathy touch lives and make a lasting difference in the communities they serve.

### AWARDING OF OUTSTANDING FILIPINO NURSES

A pivotal moment of the evening was the recognition of the Outstanding Filipino Nurses. These exceptional individuals exemplify the highest standards of nursing practice, demonstrating unwavering compassion, expertise, and leadership in their respective fields. Their stories inspire us all and remind us of the profound impact nurses make in healthcare and beyond.

### SCHOLARSHIP AWARDS

FCNAMH also had the privilege of awarding scholarships to deserving nursing students, investing in the future of our profession. These scholarships support aspiring nurses in their educational journey, empowering them to become future leaders and innovators in healthcare.





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## KALAYAAN EVENT

The Kalayaan event was a vibrant celebration of freedom and community, and PNAMH (Philippine Nurses Association of Metro Houston) was proud to be a part of it. Our participation this year was marked by several key activities that showcased our commitment to health, education, and community service.

One of the primary roles PNAMH played during the Kalayaan event was as the first aid responder. Our team of skilled nurses was on hand to provide immediate medical assistance, ensuring the safety and well-being of all attendees. Their quick response and professional care were invaluable, making sure that everyone could enjoy the festivities with peace of mind.

PNAMH also conducted health education sessions, sharing valuable information on a range of health topics. Additionally, we offered free blood pressure screenings, helping attendees monitor their health and become more aware of their cardiovascular status.

The Kalayaan event was also an excellent opportunity for PNAMH to recruit new members. Our booth was bustling with activity as interested individuals stopped by to learn more about our mission and how they could get involved. The enthusiasm and dedication of our members were evident, and their smiling faces reflected the joy of working together for a common cause.





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## ALIEF COMMUNITY HEALTH FAIR

Joyous faces can be seen among the PNAMH members who participated in the Alief Community Health Fair, which took place on July 27th, 2024 at the Alief ISD Center. This event was an educational and fun-filled celebration of health and well-being, bringing together hundreds of community members for a day of valuable health resources!

Attendees had access to a wide range of free health screenings and educational services, including blood pressure checks, immunizations, learning about Stroke and more. Our dedicated healthcare professionals were on hand to provide personalized advice and support.



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WHAT'S NEW?



## PNAMH 1ST HYBRID GENERAL MEMBERSHIP MEETING

We are thrilled to share that on June 20th, the PNAMH held its first hybrid meeting, marking a significant milestone in how we connect and collaborate! This new format allows members to join our monthly meetings and educational offerings from anywhere via Zoom.

This hybrid model ensures that even if you can't attend physically, you can still participate fully in our discussions and activities.

### ✓ Mark your Calendars!

- August 15 - General Membership Meeting
- August 17- Annual Cancer Symposium
- September 19 - General Membership Meeting
- October 17 - General Membership Meeting
- October 19 - Fall Seminar
- October 26 - Picnic
- November 21 - General Membership Meeting

Philippine Nurses Association of Metropolitan Houston

**General Membership Meeting**  
**August 15, 2024**  
**5:15 PM – 6:00 PM**

**Financial Literacy**  
**The Value for Nurses and Healthcare Professionals**

**Reyman Herrera, BSN, RN, Wendell Dancell III, Trauma ICU RN & Loraine Go, APRN**  
**August 15, 2024**  
**6:00 PM – 7:00 PM**

The Philippine Nurses Association of America Foundation is approved by California Board of Registered Nursing CEP #14134 for 1.2 contact hours

Scan me to Register

Contact Us for more details:  
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2002 Holcombe Blvd  
Houston, TX 77030

JOIN US IN THE NEXT MEETING!

